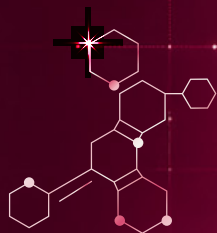


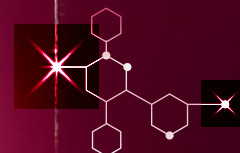
CREATINE GUMMIES DONE RIGHT.

A POWERHOUSE
INGREDIENT



DELICIOUS
BY DESIGN

INDEPENDENT
TESTING



VARIETY OF
COMBINATIONS

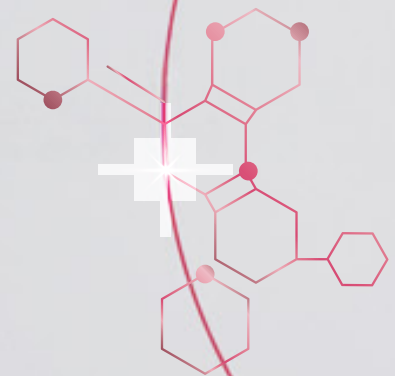


SIRIO
TASTE THE DIFFERENCE™

**CREATINE GUMMIES ARE
ONE OF THE MOST EXCITING**

NUTRACEUTICALS

Backed by decades of clinical literature, and one of the few authorised health claims in the category, creatine has earned its place well beyond the specialist sports aisle, moving into mainstream wellness on the back of strength training, healthy ageing, and a consumer base that reads the science before it buys.



GETTING IT RIGHT, THOUGH, TAKES REAL CRAFT.

Creatine is a high dose active that's notoriously difficult to formulate for taste, texture, and stability, which is precisely where experience makes the difference between a label claim and a delivered dose. That craft extends beyond creatine alone: we've explored the science around creatine in depth to identify which ingredients form the strongest, most credible synergies, from magnesium to vitamin D to zinc, so that wherever your market's creatine story is headed, we already have the formulation behind it.



CAL TRENDS

OF RECENT YEARS, AND UNUSUALLY
FOR A TREND, ONE BUILT ON
ROCK-SOLID SCIENCE.

That's our world. As a science driven CDMO with 30+ years of expertise, we've built this portfolio on smart, precision manufacturing and real variety: different colours, flavours, and shapes; sugar or sugar free; animal gelatin or vegan; creatine alone or in combination; standard or high dosage. Every format is fun and tastes amazing, but never at the expense of science.

Because credibility is non-negotiable. Every gummy earns its place: proven under third party scrutiny, every dose and every pairing grounded in the science that came before it. Proven efficacy, full transparency, and quality your consumers can trust.

CREATINE, DONE RIGHT.



Creatine Core

THE ESSENTIALS, DONE RIGHT. HOWEVER YOUR CONSUMER TAKES THEM.

Three concepts of the same trusted 1g per gummy, so your brand can match the concept to your consumer rather than the other way around.

Creatine Core CLASSIC

Gelatin based, sugar free. The traditional gummy texture consumers already know and trust, built around a 1g dose.

Nutrients	Target (per Gummy)
Creatine	1 g

Gelatin based

Sugar-free, starchless

Flavour: Apple

Shape: Dome

Colour: Green

Suggested serving size: 3 gummies per day

Weight: 3.5 g per gummy

Recipe Code: PTIG-RM260316-239





Creatine Core VEGAN

Pectin based, sugar free. The most convenient way to deliver creatine, for consumers who want performance without compromise.

Nutrients	Target (per Gummy)
Creatine	1 g

Pectin based, Vegan

Sugar-free

Flavour: Peach

Shape: Round

Colour: Yellow

Suggested serving size: 3 gummies per day

Weight: 4.5 g per gummy

Recipe Code: PTIG-RM2026-3-5-120

Creatine Core VEGAN WITH SUGAR

Pectin based, with sugar and a sugar coating. All the credibility of Creatine Core, with the sweet, satisfying bite consumers reach for. Sugar here isn't just indulgence, it's functional, serving as a source of energy for those training actively, exactly the format some consumers look for.

Nutrients	Target (per Gummy)
Creatine	1 g

Pectin based, Vegan

With sugar, sugar coating

Flavour: Mixed Berry

Shape: Round

Colour: Purple

Suggested serving size: 3 gummies per day

Weight: 5 g per gummy

Recipe Code: PTIG-RM2026-3-5-119





Xtra Creatine

MORE DOSE, SAME STANDARD OF PROOF.

For brands ready to go beyond, Xtra Creatine steps up to 1.5g per gummy, pectin based and made to be genuinely enjoyed.

Xtra Creatine Lemon

Nutrients	Target (per Gummy)
Creatine	1.5 g

Pectin based, Vegan
With Sugar

Flavour: Lemon

Shape: Square

Colour: Yellow

Suggested serving size: 2 gummies per day

Weight: 5 g per gummy

Recipe Code: 300013077

Xtra Creatine Lemon Green Tea

Nutrients	Target (per Gummy)
Creatine	1.5 g

Pectin based, Vegan
With Sugar

Flavour: Lemon Green Tea

Shape: Square

Colour: Green

Suggested serving size: 2 gummies per day

Weight: 5 g per gummy

Recipe Code: PTIG-RM2026-3-18-001



Creatine +

ALL THREE CREATINE+ CONCEPTS SHARE A SINGLE, DELIBERATE SHAPE: THE MONOLITH.

In a category where consumers are buying performance, not confectionery, shape sends a signal before a single claim is read, so we moved beyond the classic cube to a tilted rectangular prism with one sharp, diagonal cut face.



It keeps the clean geometry the category trusts, but the angled edge reads as precision and forward momentum, not a candy mould.

The result stands out on shelf, signals credibility in a space where stability and potency have faced real scrutiny, and gives every Creatine+ concept a premium, engineered feel from the very first glance. The Monolith is, of course, just one of various shapes we can bring to life, and every brand's strategy can lead us to a different proposal. Keep reading to explore more.

Where strength meets balance.

Creatine +Mg Gummy

Creatine meets one of the most trusted names in sports nutrition. This concept pairs creatine's proven performance benefits with magnesium, a mineral consumers already recognise and actively seek out, for a gummy that supports muscle function, energy metabolism, and recovery in one clean, science backed format. Together, they tell a fuller story of performance and recovery than creatine can tell alone.

Pectin based, sugar free, with only natural colors and flavourings.

Nutrients	Amount Per Daily Serving	% RI
Creatine	3000 mg	n/a
Magnesium (as Magnesium Citrate)	57 mg	15%

Pectin based, vegan

Sugar-free

Flavour: Mixed Fruit flavor

Shape: Monolith

Colour: Yellow

Suggested serving size: 3 gummies per day

Weight: 4 g per gummy

Product Code: 400059270

EFSA Claim:
Creatine increases physical performance in successive bursts of short-term, high intensity exercise.*

*The claim may be used only for foods targeting adults performing high intensity exercise
Magnesium contributes to normal muscle function & normal protein synthesis & electrolyte balance & normal energy- yielding metabolism & the maintenance of normal bones

The next frontier of creatine.

Creatine +Zn Gummy.

Creatine built its name on the body. Now it's coming for the mind. New science links a daily dose to sharper working memory and stronger cognitive performance, rewriting what this ingredient can do. Paired with zinc, already proven for cognitive function and cellular defence, this is creatine's next frontier: strength of body, strength of mind, in a single gummy. Formulated using only natural colors and flavourings.

Nutrients	Amount Per Daily Serving	% RI
Creatine Monohydrate Providing Creatine	5113 mg 4500 mg	n/a n/a
Zinc	1.5 mg	15%

Pectin based, vegan

Sugar-free

Flavour: Mixed Berry flavor

Shape: Monolith

Colour: Purple

Suggested serving size: 3 gummies per day

Weight: 5.7 g per gummy

Product Code: 400058444

EFSA Claim:
Creatine increases physical performance in successive bursts of short-term, high intensity exercise.*
*The claim may be used only for foods targeting adults performing high intensity exercise
Zinc contributes to normal cognitive function



Strong, through every stage.

Creatine +D Gummy.

Menopause changes more than hormones. As oestrogen declines, so can muscle, quietly and steadily, making strength something worth actively protecting rather than something to leave to chance. This isn't a symptom relief story. It's a healthy ageing one, built on two ingredients with complementary roles. Creatine fuels the muscle's capacity to perform, while vitamin D contributes to the maintenance of normal bones, which matters all the more as bone loss accelerates during menopause.

Together, they support the foundations of strength as your body changes. Vitamin B6 rounds out the formula, helping support the body's hormonal balance during menopause.

Formulated using only natural colors and flavourings.

Pectin based, vegan

Sugar-free

Flavour: Apple flavor

Shape: Monolith

Colour: Green

Suggested serving size: 3 gummies per day

Weight: 5.7 g per gummy

Product Code: 400058445

Nutrients	Amount Per Daily Serving	% RI
Creatine Monohydrate Providing Creatine	5113 mg 4500 mg	n/a n/a
Vitamin D	5 µg	100%
Vitamin B6	1.5 mg	107%

EFSA Claim :

Daily creatine consumption can enhance the effect of resistance training in adults over the age of 55*

*The claim is targeting adults over the age of 55, who are engaged in regular resistance training, the beneficial effect is obtained with a daily intake of 3 g of creatine in conjunction with resistance training, which allows an increase in the workload over time and which should be performed at least three times per week for several weeks, at an intensity of at least 65 % - 75 % of one repetition maximum load**. The claim may be used only for foods targeting adults over the age of 55, who are engaged in regular resistance training. **Repetition maximum load is the maximum weight or force an individual can exert in a single lift.

Vitamin D contributes to the maintenance of normal bones

Vitamin B6 contributes to the regulation of hormonal activity



GUMMY COLOR AND MATCHING FLAVORS

Colour	Natural color?	Flavour (match with the colour)	Natural flavouring
Yellow	Yes	lemon, peach, mango, pineapple, orange	Yes
Green	No	apple, watermelon, grape, lemon green tea	Yes
Blue	No	raspberry, blueberry, cola, mixed berry	Yes
White	/	peach, lemon	Yes

SHAPE AND MATCHING SIZE

Creatine 1g can be produced in 5g size gummy:

Round



Square



Strawberry



Star



Cube



Monolith



Creatine 1.5g can be produced in 5.7g size gummy:

Monolith



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IMPORTANT NOTICE

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Formulations and specifications may vary and are subject to change.




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