

AEION™

LONGEVITY

LAYERS

LIKE HABITS

STACK UP

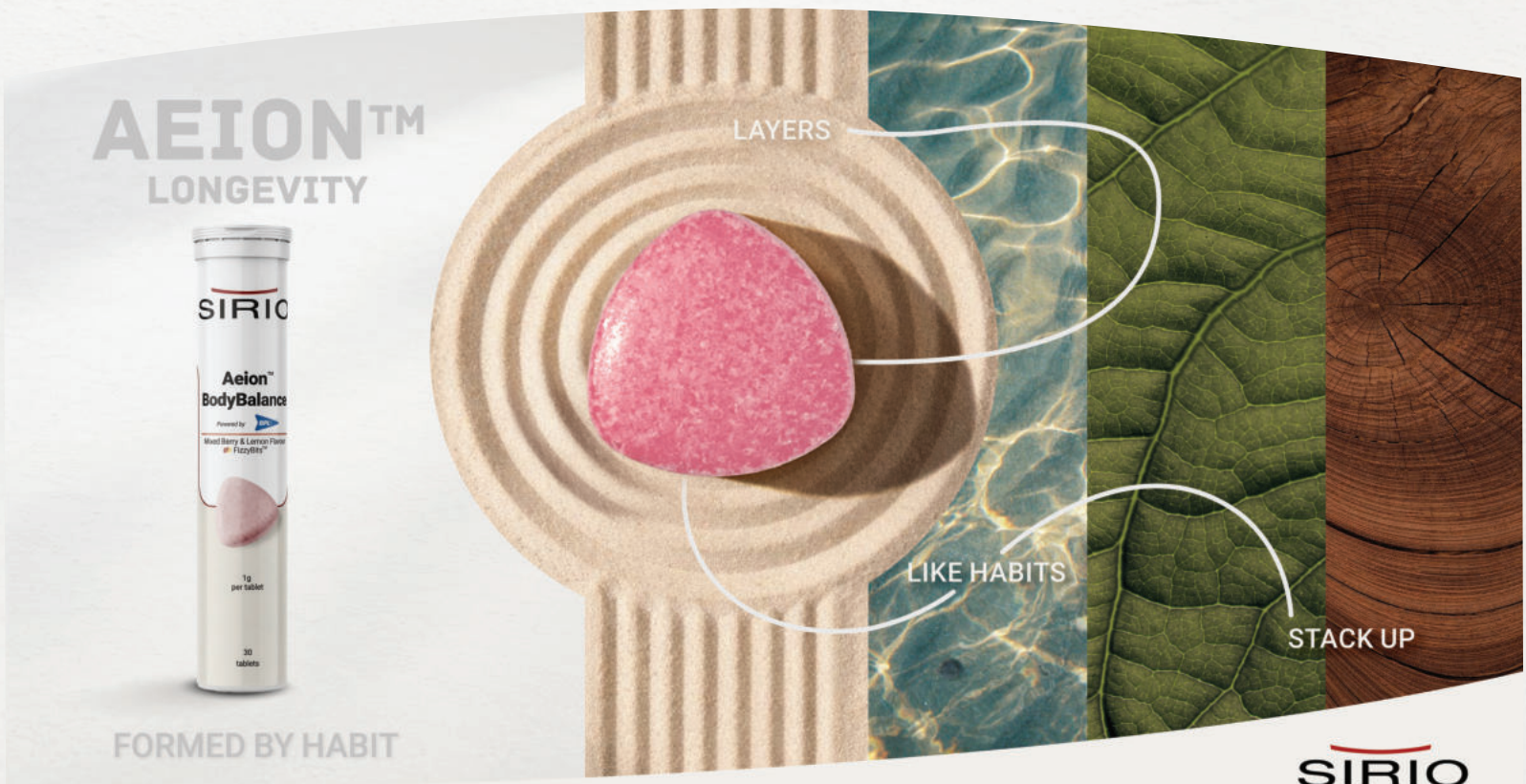
FORMED BY HABIT

Today, healthy aging means protecting everyday health rather than striving for perfection. As modern life leaves little time or energy to spare, consumers are drawn to simple, effective solutions that fit effortlessly into their routines—making enjoyable, repeatable habits the key to long-term healthy aging.

(Source: FMCG Gurus Survey 2025)

Aeion™ was created in response to this reality. In collaboration with the SIRIO Institute of Aging (SIA), leading longevity research institutions, and world-class ingredient partners, SIRIO has developed a portfolio of ready-to-launch concepts grounded in the latest nutritional science—designed to help brands go to market fast.

Inspired by the quiet, powerful rhythms found in nature—ripples in water, rings in wood, balanced stones—Aeion™ reflects the true drivers of longevity: movement, balance, repetition, and time. Derived from the ancient Greek αἰών (aiōn), meaning lifespan as lived rather than measured, Aeion™ is built around small, enjoyable rituals people actually stick with—because real longevity is created through consistency, not complexity.



AEION™ CellAge

WHERE LONGEVITY BEGINS

Aeion™ CellAge supports healthy cellular aging through daily protection against oxidative stress. Powered by algal DHA and vitamin D, and informed by emerging clinical research, it is designed to help protect cells over time — because longevity is built through consistent care, day after day. New long-term studies suggest that vitamin D may help slow telomere shortening, while omega-3s have shown protective effects on biological aging markers such as DNA methylation.^{[1][2]}

Together, they form a science-led approach to supporting cell health — helping build resilience at the most fundamental level of longevity.

Flavour: Natural lemon flavor

Colour: Orange

Recommended serving: 1 jelly tablet per day

Product Code: 30001 5454

1.7 g per jelly tab

Sugar Free

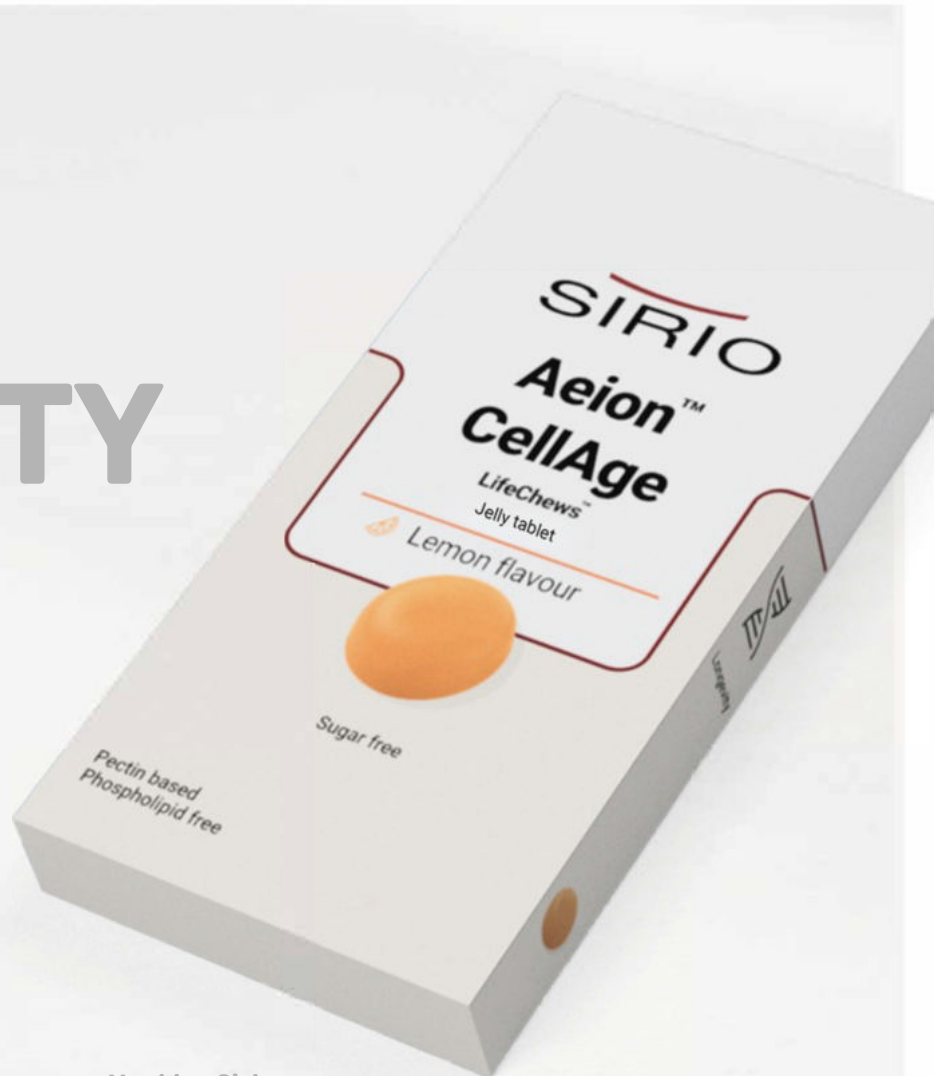
Pectin based, vegan

Phospholipid Free

Nutrient	Amount per tablet
DHA (docosahexaenoic acid)	250 mg
Vitamin D	20 µg

Source: ^[1] Zhu, Haidong et al. "Vitamin D3 and marine ω-3 fatty acids supplementation and leukocyte telomere length: 4-year findings from the Vitamin D and Omega-3 Trial (VITAL) randomized controlled trial." *The American journal of clinical nutrition* vol. 122,1 (2025): 39-47. doi:10.1016/j.ajcnut.2025.05.003

^[2] Bischoff-Ferrari, Heike A et al. "Individual and additive effects of vitamin D, omega-3 and exercise on DNA methylation clocks of biological aging in older adults from the DO-HEALTH trial." *Nature aging* vol. 5,3 (2025): 376-385. doi:10.1038/s43587-024-00793-y



Nutrition Claims

High in Vitamin D

High in Omega 3

Health Claims

Vitamin D contributes to the normal function of the immune system.

DHA contributes to maintenance of normal brain function.



AEION™ Cardio

HEART HEALTH, FORMED BY HABIT



Aeion™ Cardio supports cardiovascular health as part of a daily longevity routine. Delivering 250 mg EPA & DHA combined in LifeChews™ jelly tablets, this enjoyable, plant-based format makes consistent intake easy— because long-term heart health is built through small, repeated actions over time.

Flavour: Natural Tropical Flavour

Colour: Orange

Recommended serving: 1 jelly tablet per day

Product Code: 300015785

1.7 g per jelly tab

Low sugar

Pectin based, vegan

Phospholipid Free

Nutrition Claims

High in Omega 3

Health Claims

EPA and **DHA** contribute to the normal function of the heart.

Nutrient	Amount per tablet
DHA (docosahexaenoic acid)	250 mg
EPA (eicosapentaenoic acid)	

AEION™ Active

SMALL RITUALS LASTING MOVEMENT

Aeion™ Active delivers targeted joint, cartilage, and movement support through a simple daily ritual. Powered by clinically studied N-acetylglucosamine (NAG), it offers up to 3× as beneficial for knee comfort when compared with glucosamine^[1], with just two softgels per day supporting joint and bone comfort. Enhanced with Omega-3s for healthy aging, Aeion™ Active is designed for 40+ consumers seeking effective, hassle-free support to stay comfortably in motion—today and over time.

Shell: Bovine gelatine

Shape: Oblong

Colour: Brown

Recommended serving: 2 softgels per day

Product Code: 300015606

Nutrition Claims

High in Omega 3

A source of vitamin D, vitamin C, zinc, copper and manganese

Health Claims

DHA contributes to maintenance of normal brain function.

Vitamin D, manganese and zinc contribute to the maintenance of normal bones.

Vitamin C, copper, manganese and zinc contribute to the protection of cells from oxidative stress.

Clinical studies

Clinical studies show that daily supplementation with 300 mg or 500 mg of N-acetylglucosamine (NAG) leads to significant improvement in knee pain after 12 weeks. ^[1]

^[1] Yokoi Kaori. Effects of N - acetylglucosamine-containing foods on knee joint pain and cartilage metabolism markers. J. New Rem. & Clin. Vol. 62 No. 9 2013.



Nutrient	Amount per 2 Softgels
N-acetyl-D-glucosamine (NAG)	500 mg
Of which glucosamine	405 mg
Concentrated Fish Oil EE**	1400 mg
Of which	
DHA (Docosahexaenoic Acid)	308 mg
EPA (Eicosapentaenoic Acid)	62 mg
Vitamin D	0.9 µg
Vitamin C	15 mg
Zinc	2 mg
Copper	0.2 mg
Manganese	0.4 mg

AEION™ BodyBalance

A FIZZY RITUAL FOR METABOLIC BALANCE.

Aeion™ BodyBalance transforms metabolic and glucose support into an easy, enjoyable daily ritual. Powered by BPL1® postbiotic with clinically documented benefits for weight management and metabolic health, this sugar-free FizzyBit™ format dissolves in the mouth—no water needed. With just two FizzyBits per day, BodyBalance supports GLP-1 companion benefits, healthy blood glucose levels (chromium), and normal energy-yielding metabolism (vitamins C, B6, and B12). Designed for busy, on-the-go lifestyles, it delivers postbiotic-powered balance in a light, fizzy moment—anytime, anywhere.

Clinical study

In abdominally obese individuals, 3-month supplementation with 10¹⁰ CFU heat-killed *B. lactis* CECT 8145 significantly reduced visceral fat, waist circumference, and insulin resistance (HOMA index).^[1]

^[1] Pedret, A., Valls, R. M., Calderón-Pérez, L., Llauredó, E., Companys, J., Pla-Pagà, L., ... & Solà, R. (2019). Effects of daily consumption of the probiotic *Bifidobacterium animalis* subsp. *lactis* CECT 8145 on anthropometric adiposity biomarkers in abdominally obese subjects: a randomized controlled trial. *International journal of obesity*, 43(9), 1863-1868.

Nutrient	Amount per 2 Tablets
Vitamin C	70 mg
Vitamin B6	0.3 mg
Vitamin B12	0.975 µg
Chromium	8 µg
<i>Bifidobacterium animalis</i> subspecies <i>lactis</i> CECT8145 (BPL1®)	10 billion cells (inactivated)



Flavour: Natural Mixed Berry & Lemon Flavor


Colour: Pink

Recommended serving: 2 fizzy tablets per day

Product Code: 300015702

1g per fizzy tablet

Sugar Free

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AEION™ Radiance

RADIANCE FROM WITHIN

Aeion™ Radiance supports skin vitality through a simple daily antioxidant ritual. This advanced softgel combines vitamins B2, C, A, selenium, and copper to help protect cells from oxidative stress, support normal skin function, energy-yielding metabolism, and reduce tiredness and fatigue. Enriched with pine bark extract (Pycnogenol®), it supports healthy microcirculation—helping nourish skin from within. Designed as an easy, repeatable ritual, Aeion™ Radiance fits seamlessly into daily life, supporting skin health and vitality over time.

Shell: Bovine gelatine

Shape: 12 Oval

Colour: Red-Brown Opaque

Recommended serving: 1 softgel per day

Product Code: 5013647

EFSA Claims:

Vitamin B2 contributes to the maintenance of normal skin and to the protection of cells from oxidative stress.

Vitamin C contributes to normal collagen formation for the normal function of skin, bones and cartilage and to the protection of cells from oxidative stress.

Copper contributes to the protection of cells from oxidative stress and to normal skin pigmentation.

Vitamin A contributes to the maintenance of normal skin.

Selenium contributes to the protection of cells from oxidative stress.

Nutrient	Amount per softgel
Vitamin B2	1.4 mg
Vitamin C	40 mg
Copper	1 mg
Vitamin A	120 µg
Selenium	55 µg
Coenzyme Q10	50 mg
Pine Bark Extract	50 mg
Grapeseed Extract	50 mg

AEION™ NAD + Energy

INSTANT DISSOLVE. CELLULAR VITALITY.



Aeion™ NAD + Energy delivers mitochondrial support and oxidative resilience in a unique Snowmelt™ powder that dissolves instantly in the mouth—no water needed. Powered by NADH to energize cellular mitochondria and L-ergothioneine to protect cells from oxidative stress, it transforms daily cellular support into a simple, enjoyable ritual. Effortless to take and easy to repeat, it helps sustain vitality and promote long-term cellular health.

Flavour: Natural Mango and Grapefruit Flavor

Colour: N/A

Recommended serving: 1 sachet per day

Target Population: Adults

Product Code: 300015977

1.2 g per sachet

Nutrition Claims

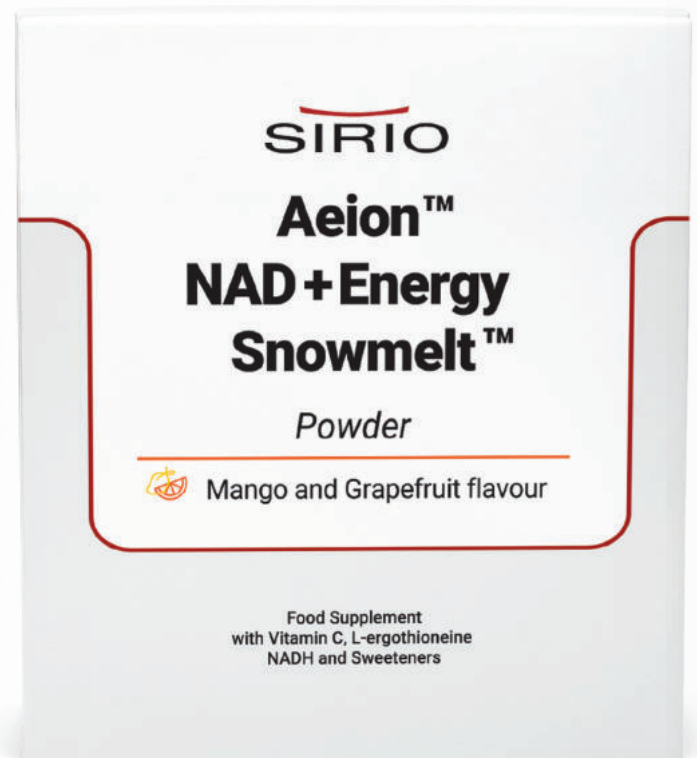
High in Vitamin C

Health Claims

Vitamin C contributes to the protection of cells from oxidative stress.

Vitamin C contributes to normal energy-yielding metabolism.

Nutrient	Amount per per sachet
NADH	28 mg
L-ergothioneine	25 mg
Vitamin C	100 mg



AEION™ Quercetin

A DAILY STEP AGAINST INFLAMMAGING

Aeion™ Quercetin delivers antioxidant nutrients in a sugar-free, pectin-based gummy. Each serving combines high-payload quercetin with vitamin C in a clean-label format, featuring natural color and flavor. Designed to support healthy aging and help maintain the body's natural balance over time, it makes targeted daily wellness simple, enjoyable, and easy to integrate into everyday routines.

Nutrition Claims

High in Vitamin C

Health Claims

Vitamin C contributes to the protection of cells from oxidative stress.

Flavour: Lemon flavor

Colour: Yellow

Recommended serving: 1-2 gummies per day

Product Code: 400052698

4.5 g per gummy

Sugar Free

Pectin based, vegan

Gluten-free

Nutrient	Amount per gummy
Quercetin	250 mg
Vitamin C	125 mg



AEION™ Mushroom Energy

MUSHROOM -POWERED VITALITY

A functional mushroom ritual in a delicious vegan gummy. Combines Maitake, Hericium, Reishi, Cordyceps, Chaga, and Panax Ginseng, high in pantothenic acid and iodine, to help support mental energy and overall cognition and well-being. Aeion™ Mushroom Energy turns daily functional mushroom intake into an easy, enjoyable ritual.



Flavour: Blackcurrant flavor

Colour: Purple

Recommended serving: 1 gummy per day

Product Code: 300012202

3 g per gummy

With Sugar

Pectin based, vegan

Nutrition Claims

High in Pantothenic Acid

High in Iodine

Health Claims

Pantothenic acid contributes to the reduction of tiredness and fatigue.

Iodine contributes to normal functioning of the nervous system.

Nutrient	Amount per Gummy
Maitake extract <i>Grifola frondosa</i> , fruitingbody, 10:1)	75 mg
Hericium <i>Erinaceus</i> Powder	50 mg
Panax Ginseng	14 mg
Cordyceps <i>sinesis</i> extract (<i>Cordyceps sinensis</i> , mycelium, 1:1)	10 mg
Reishi extract (<i>Ganoderma lucidum</i> , fruiting body, 20:1)	5 mg
Inonotus <i>obliquus</i> extract (<i>Inonotus obliquus</i> , fruiting body, 10:1)	5 mg
Pantothenic Acid	6mg
Iodine	50 µg

EXTENDING LONGEVITY ACROSS THE SIRIO PORTFOLIO



Longevity is not limited to a single category—it spans beauty, hydration, active lifestyle nutrition, metabolic health, cognition, and overall vitality. In addition to the Aeion™ Longevity concepts featured in this catalogue, SIRIO has developed a broad range of innovative solutions across multiple platforms that naturally align with longevity goals. The table below highlights selected concepts from across the SIRIO portfolio that support healthy aging and can be leveraged as part of a holistic longevity offering.

Product Name	Format	Category	Code
HydraPearls™ Glow	Softgel	Skin Hydration	5013120
HydraPearls™ Vital	Softgel	Skin Hydration	5013119
X ³ Mg Relax	Gummy	Mental Wellbeing	300015016
X Mg Sleep	Gummy	Sleep	300014971
X ³ Mg Active	Softgel	Active Recovery	5013419
Melatonin	Gummy	Sleep	300007631
Metabolic Goddess	Gummy	Metabolic Health	300013567
Xtra Omega	Gummy	Cognitive Health	300014078
Xtra Creatine	Gummy	Sports Nutrition	300014077

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