

# XTRA STRONG



## Xtra Creatine gummy

Creatine gummies are one of the hottest nutraceutical trends in recent years, driven by strong consumer interest - but also shadowed by recent market scandals. Recognizing the importance of creatine in enhancing physical performance during high-intensity exercise and strength training, we took the research further to develop a high-strength gummy format that ensures efficacy, transparency, and consumer trust.

Designed for performance and convenience, two gummies a day deliver 3 g of creatine, supporting strength, endurance, and faster recovery, and can be increased at consumer's convenience based on their goals. Each gummy provides 1.5 g of creatine (equivalent to 1.8 g of creatine monohydrate), offering consumers a convenient and effective alternative to traditional powders and capsules. What makes these gummies stand out is that they have been independently tested to confirm that the full active dose of creatine is preserved throughout the product's shelf life - ensuring both efficacy and quality while safeguarding brand reputation and consumer trust.

Nutrients	Target (per gummy)
Creatine	1.5 g

Pectin based  
**Flavour:** Lemon  
**Shape:** Square  
**Colour:** Yellow  
**Weight:** 5 g per gummy  
**Product Code:** 300014077



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