

Mushrooms & Ashwagandha Gummy



Looking for a unique post-partum concept? Our Mushroom gummy offers the perfect remedy for quick brain fuel, delivering premium nutrients to combat postpartum brain fog and promote cognitive wellness.

Cordyceps, a fungus with a long history of use in traditional Chinese medicine, has been suggested to potentially contribute to memory enhancement and the maintenance of mental function decline.

Chaga, believed to possess antioxidant properties, has been associated with potential benefits for overall well-being and vitality support.

Vitamin B12 contributes to normal energy-yielding metabolism.1



Nutrients (per gummy)	Providing
Phosphatidylserine	50 mg
Cordyceps sinensis	12.5 mg
Chaga Mushroom Extract	12.5 mg
Ashwagandha Extract	60 mg
Vitamin B12	15 μg

Pectin based With no added sugar Flavour: Raspberry

Shape: Berry, Colour: Dark red, Weight: 3g per gummy

Product code: 400022432

Recommended dose: 2 gummies per day

1 | EFSA Claim