

# Omega 3 Gummy



Packed with essential fatty acids, our **Omega 3 gummies** are a delicious way to nourish your body and mind. Omega-3s play a crucial role in promoting cognitive function, sharpening focus, and supporting overall brain health.

**DHA** and **EPA** contribute to the maintenance of normal blood pressure and normal function of heart.<sup>1</sup>

**DHA** contributes to maintenance of normal brain function.<sup>1</sup>



Nutrients (per gummy)	Target quantity
Fish oil	92.2mg
DHA	41.7mg
EPA	12.3mg
<b>Total Omega 3</b>	<b>61.4mg</b>

Pectin based  
 Flavour: Natural Orange  
 Shape: Orange slice | Colour: Orange | Weight: 3g per gummy  
 Product code: 300009179

<sup>1</sup> | EFSA Claim